



# Unit Outline (Higher Education)

<b>Institute / School:</b>	Institute of Health and Wellbeing
<b>Unit Title:</b>	Advanced Clinical Interventions
<b>Unit ID:</b>	PSYCM7125
<b>Credit Points:</b>	15.00
<b>Prerequisite(s):</b>	(PSYCM7017)
<b>Co-requisite(s):</b>	Nil
<b>Exclusion(s):</b>	Nil
<b>ASCED:</b>	090701

## Description of the Unit:

This unit will extend students' skills and knowledge in Cognitive Behavioural Therapy and covers advanced skills and techniques involved in psychological interventions for working with complex client presentations. There is a strong experiential focus within the unit and a clear emphasis on clinical relevance and practice. Students work with several cognitive-behaviourally based therapies to gain experience applying different therapeutic constructs and techniques to a range of moderate to severe clinical disorders.

**Grade Scheme:** Graded (HD, D, C, P, MF, F, XF)

## Work Experience:

No work experience

**Placement Component:** No

**Supplementary Assessment:** No

Supplementary assessment is not available to students who gain a fail in this Unit.

## Course Level:

Level of Unit in Course	AQF Level of Course					
	5	6	7	8	9	10
Introductory	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Intermediate	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Advanced	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>

**Learning Outcomes:****Knowledge:**

- K1.** Demonstrate strong knowledge of the theoretical basis of different evidence-based therapeutic approaches, and the application of clinical theory to the aetiology, progression, and recovery of psychological disorders, including predisposing, perpetuating and protective factors.
- K2.** Critically evaluate the similarities and differences between the content of formulations and intervention strategies for different therapeutic approaches.
- K3.** Critique the evidence base for the efficacy of different therapies for moderate, severe and complex psychological disorders, using contemporary, peer-reviewed research publications.
- K4.** Identify, articulate and apply advanced intervention techniques for treating adult psychological disorders.
- K5.** Assess the ethical, professional, legal and pragmatic matters that arise in the use of different therapeutic approaches with different clinical populations.
- K6.** Evaluate, select, and apply therapeutic interventions in a culturally responsive manner.
- K7.** Identify the implications and risks of inappropriate therapeutic techniques in clinical populations.

**Skills:**

- S1.** Demonstrate competency in developing individualised treatment plans based on case conceptualisations across multiple treatment modalities.
- S2.** Select and tailor techniques to develop clinical interventions that are appropriate for the individual client and the nature and severity of their clinical presentation.
- S3.** Create an integrated approach to the diagnosis, case formulation, and treatment planning of complex/severe client presentations.
- S4.** Evaluate the current evidence base for the application of psychological therapy and ethical decision-making skills in treatment planning for moderate to severe mental illness.
- S5.** Differentiate relevant professional, ethical and relationship qualities necessary for working with individuals in the context of mental health treatment.
- S6.** Monitor and evaluate symptom change, and implement treatment modifications based on evolving case formulation and appraisal of clients' progress throughout therapy.

**Application of knowledge and skills:**

- A1.** Demonstrate advanced understanding of the importance of using a theoretical framework and evidence-based techniques to select and deliver therapeutic interventions.
- A2.** Demonstrate advanced skills in evaluating clinical literature critically, and using this knowledge to inform a scientist-practitioner approach to clinical practice and complex presentations.
- A3.** Demonstrate competency in synthesising and communicating case material, including case formulations and treatment plans, in both oral and written formats.

**Unit Content:**

Topics may include:

Advanced Clinical Intervention

Third-Wave Therapies

**Learning Task and Assessment:**

Learning Outcomes Assessed	Assessment Tasks	Assessment Type	Weighting
K1, K4, K6, S1, S2, S3, S4, A1, A2, A3	Collaborative case presentation and report.	Oral presentation and report	40-60%
K1, K2, K3, K4, K5, K6, K7, S1, S2, S3, S4, S5, S6, A1, A2, A3	Individual written assignment. Students will demonstrate their knowledge of advanced evidence-based intervention techniques with reference to culture, risk and ethics in complex client presentations.	Written assignment	40-60%

**Adopted Reference Style:**

APA ()

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